

## **shree raama ashTottara shatanaama stotram**

asya shree raamachandra naama ashTottara shatamantrasya  
brahmaa rushih anushTup Chandaha  
jaanakee vallabhah shree raamachandro devataa  
om beejam namaha shaktih shree raamachandreti keelakam  
shree raamachandra preetyarthe jape viniyogaha ||

### **karanyaasaha**

om namo bhagavate raajaadhiraajaaya paramaatmane angushThaabhyaam namaha a |  
om namo bhagavate vidyaadhiraajaaya hayagreevaaya tarjaneebhyaam namaha a |  
om namo bhagavate jaanakee vallabhaaya madhyamaabhyaam namaha a  
om namo bhagavate raghunandanaaya amitatejase anaamikaabhyaaa namaha a  
om namo bhagavate ksheeraabdhi madhyasthaaya naaraayaNaaya  
kanishThikaabhyaam namaha a |  
om namo bhagavate satprakaashaaya raamaaya karatala karaprushThaabhyaam  
namaha a ||

### **anganyaasaha**

om namo bhagavate raajaadhiraajaaya paramaatmane hrudayaaya namaha a |  
om namo bhagavate vidyaadhiraajaaya hayagreevaaya shirase svaahaa |  
om namo bhagavate jaanakee vallabhaaya shikhaayai voushaT |  
om namo bhagavate raghunandanaaya amitatejase kavachaaya hum |  
om namo bhagavate ksheeraabdhi madhyasthaaya naaraayaNaaya netratrayaaya  
voushaT |  
om namo bhagavate satprakaashaaya raamaaya astraaya phaT ||  
bhoorbhavah suvarom iti digbandhaha ||

### **atha dhyaanam**

mandaaraakruti puNyadhaama vilasat vakshasthalam komalam  
shaantam kaanta mahendraneela ruchiraabhaasam sahasraananam |  
vandeham raghunandanam surapatim kodanDa deekshaagurum  
raamam sarvajagat susevitapadam seetaamanovallabham ||

sahasra sheershaNe vai tubhyam sahasraakshaayate namaha |  
namaha sahasra hastaaya sahasra charaNaaya cha || 1 ||

namo jeemootavarNaaya namaste vishvatomukha |  
achyutaaya namastubhyam namaste sheshashaayine || 2 ||

namo hiraNyagarbhaaya panchabhootaatmane namaha |  
namo moola prakrutaye devaanaam hitakaariNe || 3 ||

namaste sarvalokesha sarvaduhkha nishoodana |  
shankha chakra gadaa padma jaTaa makuTa dhaariNe || 4 ||

namo garbhaaya tattvaaya jyotishaam jyotishe namaha |  
om namo vaasudevaaya namo dasharathaاتمaja || 5 ||

namo namaste raajendra sarvasampat pradaaya cha |  
namaha kaaruNyaroopaaya kaikeyee priyakaariNe || 6 ||

namo daantaaya shaantaaya vishvaamitra priyaaya te |  
yajneshaaya namastubhyam namaste kratupaalakaha || 7 ||

namo namaha keshavaaya namo naathaaya shaarngiNe |  
namaste raamachandraaya namo naaraayaNaaya cha || 8 ||

namaste raamachandraaya maadhavaaya namo namaha |  
govindaaya namastubhyam namaste paramaatmane || 9 ||

namo vishNuroopaaya raghunaathaaya te namaha |  
namaste naathanaathaaya namaste madhusoodanaha || 10 ||

trivikrama namaste astu seetaayaah pataye namaha |  
vaamanaaya namastubhyam namaste raaghavaaya cha || 11 ||

namo namaha shreedharaaya jaanakee vallabhaaya cha |  
namaste astu hrusheekeshaaya kandarpaaya namo namaha || 12 ||

namaste padmanaabhaaya kousalyaa harshakaariNe |  
namo raajeevanayana namaste lakshmaNaagraja || 13 ||

namo namaste kaakutstha namo daamodaraaya namaha |  
vibheeshaNa paritraataha namaha sankarshaNaaya cha || 14 ||

vaasudeva namaste astu namaste shankarapriya |  
pradyumnaaya namastubhyam aniruddhaaya te namaha || 15 ||

sadasat bhaktiroopaaya namaste purushottamaha |  
adhokshaja namaste astu saptataala haraaya cha || 16 ||

kharadooshaNa samhartre shreenrusimhaaya te namaha |  
achyutaaya namastubhyam namaste setubandhakaha || 17 ||

janaardana namaste astu namo hanumadaashraya |  
upendra chandravandyaaya maareecha mathanaaya cha || 18 ||

namo vaalipraharaNa namaha sugreeva raajyada |  
jaamadagnya mahaadarpa haraaya haraye namaha || 19 ||

namo namaste krushNaaya namaste bharataagraja |  
namaste pitrubhaktaaya namaha shatrughnapoorvajah || 20 ||

ayodhyaadhipate tubhyam namaha shatrughna sevita |  
namo nityaaya satyaa buddhyaadi gyaanaroopiNe || 21 ||

advaita brahmaroopaaya gyaanagamyaya te namaha |  
namaha poorNaaya ramyaaya maadhavaaya chidaatmane || 22 ||

ayodhyeshaaya shreshThaaya chinmaatraaya paraatmane |  
namo ahalyoddhaaraNaaya namaste chaapabhangiNe || 23 ||

seetaaraamaaya sevyaaya stutyaaya parameshThine |  
namaste baaNahastaaya namaha kodanDa dhaariNe || 24 ||

namaha kabandha hantre cha vaalihantre namostute |  
namaste astu dashagreeva praaNa samhaara kaariNe || 25 ||

ashTottarashatam naamnaam raamachandrasya paavanam |  
etat proktam mayaa shreshTham sarvapaataka naashanam || 26 ||

pracharishyati talloke praaNyadrushTa vashaadidvaja |  
tasya keertanamaatreNa janaa yaasyanti sadgatim || 27 ||

taavad vijrumbhate paapam brahmahatyaa purassaram |  
yaavannaamaashTakam shatam purusho na hi keertayet || 28 ||

taavat kaler mahotsaaho nihshankam sampravartate |  
yaavat shree raamachandrasya shatam naamnaam na keertitam || 29 ||

taavat svaroopam raamasya durbodham praaNinaam sphuTam |  
yaavan na nishThayaa raamanaama maahaatmyam uttamam || 30 ||

keertitam paThitam chitte dhritam samsmaaritam mudaa |  
anyatah shruNuyaan martyah so api muchyet paatakaan || 31 ||

brahmahatyaaadi paapaanaam nishkrutim yadi vaanChati |  
raama stotram maasam ekam paThitvaa muchyate naraha || 32 ||

dushpratigraha durbhojya duraalaapaadi sambhavam |  
paapam sakrut keertanena raama stotram vinaashayet || 33 ||

shruti smruti puraaNetihaasagama shataani cha |  
arhanti na alpaam shree raama naama keertikalaam api || 34 ||

ashTottara shatam naamnaam seetaaraamasya paavanam |  
asya sankeertanaadeva sarvaan kaamaan labhennaraha || 35 ||

putraarthee labhate putraan dhanaarthee dhanamaapnuyaat |  
striyam labhati patnyarthee stotrapaaTha shravadinaa || 36 ||

kumbhodareNa muninaa yena stotreNa raaghavaha |  
stutah poorvam yajnavaaTe tadetat tvaam mayoditam || 37 ||

|| iti shreemadaananda raamaayaNe vaalmeekiye yaagakaaNDe shree raamanaama  
ashTottara shatanaama stotram sampoorNam ||